

CURRICULUM VITAE

Sheri Donaldson, PT, DPT, NCS
Balance Concepts, PC dba Face First Physical Therapy & Facial Retraining
Phoenix, Arizona
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Education:

Doctor of Physical Therapy (DPT)
Creighton University
Doctor of Physical Therapy
8/15/1997

Bachelor of Science in Zoology
Northern Arizona University
Zoology
Posted 5/1994

Licensure Information:

Arizona LPT #004348
California #306073
Colorado PTL.0008205
Hawaii PT-6154-0

Certifications:

Neurologic Clinical Specialist (NCS), ABPTS Certification #45813, 2015
Certificate of Competency in Vestibular Rehabilitation, 1999
Certificate of Advanced Competency (Renewal), 2003
Certificate of Competency in Pediatric Vestibular Rehabilitation, 2015
Encounter School of Ministry, 2025

Employment and Positions Held:

Academic Accreditation-Related:

Onsite Reviewer for the Commission on Accreditation of Physical Therapy Education (CAPTE)
06/2022-Present

Professional Service Appointments:

Governance Officer, Facial Therapy Specialists International
Redhill, Surrey, United Kingdom
03/2024-Present

Medical Advisory Board, Acoustic Neuroma Association
Cumming, GA.
06/2023-Present

Encounter School of Ministry
Senior Leadership Team & Faculty for Arizona Satellite Campus
Brighton, MI and Phoenix, AZ
08/2023-07/2024

Academic Appointments:

Assistant Professor, Course Director Neurological Rehabilitation Track

Franklin Pierce University, Center for Professional and Graduate Studies
Goodyear, AZ
9/2018 - 8/2021

Assistant Professor, Course Director Neurological Rehabilitation Track
West Coast University, Center for Graduate Studies - Doctor of Physical Therapy
Los Angeles, CA
08 - 8/2018

Guest Faculty, Course Director for DPT 780, Vestibular Rehabilitation
University Nevada Las Vegas, Department of Physical Therapy
Las Vegas, NV
4/12/2013 – 4/27/2013

Guest Faculty, Course Director for Vestibular Rehabilitation
The Missouri State University, Department of Physical Therapy
Springfield, MO
8/8/2008– 8/9/2008

Assistant Professor, Problem-Base Learning Program, Dr. Geneva Richard Johnson, PT, PhD, FAPTA
University of Mobile Graduate School of Physical Therapy
Mobile, AL
8/1997 – 8/1998

Clinical Work:

Director, Vestibular & Balance Physical Therapy
MyCatholicDoctor, Telehealth and In-Person Care
Stamford, CT, locally treating Phoenix, AZ
01/2023-Present, Named Director 09/2023

President, Owner, Neurologic, Vestibular, and Facial Therapy Specialist
Consultant & Concierge Model Practice: Concussion, Vestibular, & Facial Nerve Issues
Balance Concepts PC, Face First Physical Therapy & Facial Retraining
Phoenix, AZ
Established S Corporation 2004- Present

Banner Desert/Cardon Children's Medical Center
Mesa, AZ
3/16/15 – 7/29/16

Physical Therapist, Vestibular & Balance Specialist
Scottsdale Healthcare, Balance & Vestibular Center
Scottsdale, AZ
1/2012 – 2/2015

Level III Physical Therapist, Vestibular & Balance Specialist
Barrow Neurological Institute /St. Joseph's Hospital & Medical Center
Outpatient Neurological Rehabilitation, Balance Center, CORF, & BRAINS Clinic
Phoenix, AZ
3/1999 – 1/2012

Physical Therapist (Type 8, PRN)
Samaritan Health System
Phoenix, AZ
6/1999 – 8/2000

Physical Therapist, Consultant, Speaking/Radio (Vestibular Rehabilitation)
Arizona Center for Balance and Hearing
Sun City, AZ
11/1998 – 2/1999

Physical Therapist (Orthopedic, Manual, Vestibular Rehabilitation)
Old Shell Orthopaedic Associates
Mobile, AL
4/1998 – 8/1998

Physical Therapist (Aquatic, Orthopedic, Vestibular, Neurological Rehabilitation)
Vorán Therapy, Inc.
Mobile, AL
8/1997 – 3/1998

Peer Reviewed Scientific and Professional Presentations:

Donaldson S, Challenging Cases: Congenital Facial Paralysis, Multiple Surgical Interventions. Facial Therapy Specialists International.
Redhill, Surrey, United Kingdom
May 19, 2024

Donaldson S, Vestibular Physical Therapy for Management of Acoustic Neuroma
Acoustic Neuroma Association, Arizona Support Group
Paradise Valley, AZ
04/16/2023

Donaldson S, Adams C, Cox C, Jones A, Thompson B
Efficacy of Vestibular Rehabilitation Exercises on Concussion Recovery: A Systematic Review
Accepted 9/30/2021 for Poster Presentation, Academy of Neurologic Physical Therapy, Vestibular SIG, Combined Sections Meeting, American Physical Therapy Association
San Antonio, TX
2/4/2022

Whitney S., **Donaldson S**, McCarvil R
Benign Paroxysmal Positional Vertigo, Lab
Barrow Neurological Institute 8th Biennial Balance Center Symposium; Phoenix, AZ
1/17/14 – 1/18/14

Donaldson S.
Traumatic Brain Injury, Concussion, & Vertigo
Barrow Neurological Institute 7th Annual Traumatic Brain Injury Symposium; Phoenix, AZ
3/31/12

Donaldson S, Fife, T.D.
Co-Director
Barrow Neurological Institute 6th Biennial Balance Center Symposium; Phoenix, AZ
2/7/08 – 2/8/08

Donaldson S.
Vestibular Rehabilitation: A Therapist's Perspective
Barrow Neurological Institute 6th Biennial Balance Center Symposium; Phoenix, AZ
2/7/08 – 2/8/08

Donaldson S, Massingale S, Cornwell M.
Physical Therapy Evaluation & Assessment of Dizziness & Imbalance, Team Lead
Barrow Neurological Institute 6th Biennial Balance Center Symposium; Phoenix, AZ

2/7/08 – 2/8/08

Donaldson S, Sauber T, Massingale S, Cornwell M.
Interactive Demonstration for Treatment of BPPV
Barrow Neurological Institute 6th Biennial Balance Center Symposium; Phoenix, AZ
2/7/08 – 2/8/08

Donaldson S.

Vestibular Rehabilitation
Barrow Neurological Institute 5th Biennial Balance Center Symposium; Phoenix, AZ
1/26/06 - 1/27/06

Donaldson S.

Multisensory Imbalance & Fear of Falling: The Role of Physical Therapy
Barrow Neurological Institute 4th Biennial Balance Center Symposium; Phoenix, AZ
1/22/04 – 1/23/04

Donaldson S.

Vestibular & Balance Rehabilitation for Traumatic Brain Injury
Barrow Neurological Institute 3rd Annual Traumatic Brain Injury Symposium; Phoenix, AZ
5/5/06

Donaldson S., Fife TD

Vestibular Diagnosis & Treatment
25th Annual Northern Arizona University High Altitude Lecture Series, Silver Anniversary; Flagstaff, AZ
8/8/03

Current/Active Research Activity:

Donaldson S, Adams C, Cox C, Jones A, Thompson B
Efficacy of Vestibular Rehabilitation Exercises on Concussion Recovery: A Systematic Review, Poster
Combined Sections Meeting, Academy of Neurologic Physical Therapy, American Physical therapy
Association
02/02-05/2023

Donaldson S.

Efficacy of Student DPT-Led Community Health and Wellness Seminars Developed in Neurological
Clinical Management Course for Residents of a Transitional Living Center for Guests Experiencing
Homelessness or Near-Homelessness

Donaldson S.

Amazon Echo as an Adjunct to Physical Therapy Curricula

Donaldson S.

Concussion and Vestibular Dysfunction

Donaldson S.

Student Perceptions of Student-Designed Exam Questions

Membership in Scientific/Professional Organizations:

American Physical Therapy Association
1994 - Present

APTA Academy of Neurologic Physical Therapy
1997 - Present

APTA Academy of Physical Therapy Education
2017 - Present

APTA Section on Aquatics

1994 – 2013
APTA Section on Research
1997 –Present

Facial Therapy Specialists International
2022- Present

Vestibular Disorders Association
Early 2000s, 2016-Present

Bell's Palsy Association
2010-Present

Catholic Medical Association/Phoenix Guild

Consultative and Advisory Positions Held:

Facial Therapy Specialists International, FTSI
Member since 2020
Governance Officer
Redhill, Surrey, United Kingdom

Acoustic Neuroma Association, Appointed to the Medical Advisory Board
Cumming, GA
06/20/2023-Present

Consultant, Mentor in Neurological, Vestibular, & Facial Nerve Physical Therapy
Balance Concepts, PC
Face First Physical Therapy & Facial Retraining
VEDA, Bell's Palsy Association, & Private Groups
2011-Present

Consultant Member, Interdisciplinary Vestibular Case Conference Barrow
Neurological Institute
Phoenix, AZ
02/17/2021-Present

Consultant Member, Facial Reanimation/Facial Nerve Conference
Barrow Neurological Institute
Phoenix, AZ
12/09/2020-Present

Consultant Member, Barrow Neurological Institute Balance Board, Multi-disciplinary Consulting Team
for Balance and Vestibular Disorders
Phoenix, AZ
1999 - 2012

Member, Practice Committee, The Arizona American Physical Therapy Association's Committee for
the Promotion of Ethical Practice
Phoenix, AZ
2003 - 2005

Member, Spinal Cord Injury Committee and Work Group, St. Joseph's Hospital & Medical
Center/Barrow Neurological Institute
Phoenix, AZ
2002

Community Service:

The Phoenix Worship Collective, Worshipfest, and transition to Diocese of Phoenix CRM Prayer Teams Leader.

Design and Growth of Healing Ministry and Events from 31 attendees to 300+ with leadership, design, networking and training provision. Grew events with bringing licensed professional counselors, prayer teams, and resources for Phoenix community for support post-pandemic.

August 2022-August 2023

Co-Designer of unique International Acute Clinical Education Experience for 14 Doctoral students (with founder Dr. Jeff Dyer, MD) HEARTFIRE Missions partnership. Took students to Ecuador for Medical/Humanitarian Service-Learning Mission.

Cuenca, Ecuador

November 2019

Designer/Professor, Multiple and Progressive Community Service-Learning projects for DPT Students Ozanam Manor, Transitional Living Facility, for people experiencing homelessness, near homelessness, 2-year program to assist residents in becoming sustainable and independent again. Service programming of Falls Prevention Fair for residents, screened with functional outcome measures for fall risk, provided education in their status and in preventing falls. Additional follow up programming was provided in a 3-part series on exercise, multiple terms. Ozanam Manor, St. Vincent de Paul Campus Phoenix, AZ

2019-2020

Magis Women

Leader, Facilitator, Participant in Women's Formation

Magis Center via St. Patrick's, The Beatitudes, Blessed Sacrament

Scottsdale, Arizona

January 2019-November 2020

Member of Leadership Team for HEARTFIRE International Medical Mission

Mentor to Notre Dame Prep Students

HEARTFIRE Missions, Team Valladolid,

Yucatan, Mexico

2018

Designer/Leader-Professor, of Service-Learning for DPT Students, Falls Prevention Fairs and 3-Part Series on Exercise, multiple terms

St. Barnabas Senior Centers, Echo Park and Hollywood

Los Angeles, CA

2017-2018

Participant

Restoring Hope 2016, St. Vincent de Paul,

Phoenix, AZ

November 2016, 2019

Member

Catholic Physicians Guild/Catholic Medical Association,

Phoenix, AZ

2005-Present

Leadership Committee Member

Laugh4Hope, Non-Profit

Comedy fundraiser to bring hope to the community through laughter, supports low-cost healthcare for underserved communities, Sponsorship and Planning

Phoenix, AZ
2014-2016

Inaugural Executive Women's Board, Board Member
Christians in Commerce International, Women's Christians in Commerce,
Falls Church, VA
2013 – 2014
Event Chair
3rd Annual Celebration of Heroic Love & Life, Vitae Monologues
John Paul II Resource Center for Theology of the Body & Culture, Katrina Zeno
Phoenix, AZ
2011

Co-Founder & Chair
The Heart of a Woman: A Catholic Women's Conference, "Treasures of the New Springtime" based on
Pope John Paul II's writings, Novo Millennio Ineunte, Scottsdale, AZ
2005 – 2007

Co-Founder & Steering Committee, Speaker's Chair
The Heart of a Woman: A Catholic Women's Conference, "The Dignity of Women," based on Pope
John Paul II's writings, *Mulieris Dignitatem*, Scottsdale, AZ
2004 – 2005

Executive Committee, Member
Pastoral Advisory Council St. Timothy Catholic Church, Mesa, AZ. 2004
2005 – 2007

Core Member
Life Teen International, Teen Ministry, St. Timothy's Catholic Church, Mesa, AZ
1993 - 2004

Directors of Volunteers in Agencies, Team Phoenix
Phoenix, AZ 1992-1994

Charitable Services Coordinator
Western Rehab Services/NovaCare AZ,
Peoria, AZ
1992 - 1994

Speaker
Balance Assessment & Training After Stroke, Oculomotor and Visual Issues
Banner Stroke Academy, 2nd Stroke Academy, Banner University Medical Center
Phoenix, AZ 2016

Speaker at Inaugural Stroke Academy
Neglect and Visual Perception, Balance Assessment & Training After Stroke, Oculomotor and Visual
Issues. Banner Stroke Academy, Banner University Medical Center,
Phoenix, AZ 2015

Keynote Speaker, Vertiginous Adventures in Demystifying BPPV: A 3-Part Super Sleuth Series, St.
Joseph's Outpatient Rehabilitation/Barrow Neurological Institute, Phoenix, AZ 6/23/10

Keynote Speaker, Barrow Acoustic Neuroma Support Group, "Vestibular Rehabilitation for Acoustic
Neuroma,"
Phoenix, AZ 10/29/08

Keynote Speaker

Arizona Rehab Society Conference, Director Jonathan Komar, MD, "TBI & Vestibular Rehabilitation: Implications & Expected Outcomes," Phoenix, AZ
08/11/07

Keynote Speaker, Rehabilitation Insurance Nurses Group (RING) Meeting, "Vestibular Rehabilitation: A Multifaceted Tool for Recovery," Phoenix, AZ 10/04/03

Presenter

Vestibular Rehabilitation, CORF Services, Directed by Terry D. Fife. Scottsdale, MD
02/2003

Speaker

Arizona Physical Therapy Association Fall Meeting, Post-Traumatic Benign Paroxysmal Positional Vertigo, Phoenix, AZ
2002

Services to the University/College/School on Committees/Councils/Commissions:

University-Wide:

Assessment Committee, Franklin Pierce University, Center for Professional & Graduate Studies/College of Health and Natural Sciences
Goodyear, AZ
2019 - 2021

Appeals Committee, West Coast University Center for Graduate Studies
Los Angeles, CA
2017 - 2018

Conduct Committee, West Coast University Center for Graduate Studies
Los Angeles, CA
2018 - 2018

Faculty Mentor/Advisor, West Coast University Center for Graduate Studies
Los Angeles, CA
2016-2018

Department-Wide:

International IPE Clinical Education Coordinator, Franklin Pierce University AZ-DPT
HEARTFIRE Missions/FPU Team Ecuador 2019
Goodyear, AZ
2019-2020

Assessment Committee Franklin Pierce University, Both NH and AZ campuses
2020-2021

Faculty Mentor/Advisor, Franklin Pierce University
Goodyear, AZ
2018-2021

Center for Graduate Studies-Wide

Inter-Professional Education Team, West Coast University
Coordinator Rahul Nohria, PharmD, Catherine Van, PharmD
2016-2018

Honors and Awards:

C.C. and Mabel Criss Memorial Foundation Scholar

Creighton University
1997

Dean's List
Creighton University
1996

Continuing Education Attended:

International Facial Nerve Symposium, IFNS 2025
Madrid, Spain
September 23-27, 2025

Facial Therapy Specialists International (FTSI) Advanced Webinar by invitation. Babak Azzizadeh, MD, FACS. Management of Post Facial Paralysis Smile Dysfunction.
Los Angeles, CA
June 25, 2023

Facial Therapy Specialists International (FTSI) Advanced Webinar by invitation. The Psychology of Facial Palsy: What Specialists in Facial Palsy Should Know, Kathleen Bogart PhD.
Portland, OR
March 5, 2023

International Conference on Vestibular Rehabilitation (ICVR)
Academy of Neurologic Physical Therapy, American Physical Therapy Association
Minneapolis, MN
October 15-17, 2022

Onsite Reviewer Training, (OSR), Commission on Accreditation of Physical Therapy Education (CAPTE)
American Physical Therapy Association Headquarters, Centennial Center
Alexandria, VA
June 8, 17, 22, 2022

Facial Therapy Specialists International (FTSI) Paediatric Webinar, Sarah Kilcoyne B. Speech Path, MRCLST, DPHIL in Medical Law, Catriona Neville, Extended Scope Practitioner Physiotherapist
London, UK
May 22, 2022

Advanced Facial Retraining, Facial Therapy Specialists International, Webinar 2, by invitation only, Jackie Diels, OT, Susan Rankin, BScPT, MHSc, Catriona Neville, Extended Scope Practitioner Physiotherapist
London, UK
February 20, 2022

Advanced Facial Retraining, Webinar by invitation only, Jackie Diels, OT, Susan Rankin, BScPT, MHSc
London, UK
March 20, 2021

Foundations of Vision Therapy, Vision and Neuro-Rehabilitation, Melissa Zarn, OD
Webinar hosted by NeuroCollaborative
August 24th, 2021

APTA Educational Leadership Conference 2020, Virtual Conference

- Innovative Course Design in a Hybrid Model
- Enhancing the Role of the Clinical Educator as a Mentor

APTA NEXT Conference 2020, Virtual Conference, Phoenix, AZ

- Movement System Neuromuscular Diagnoses
- Implementing Telehealth in Your Private Practice STAT

The Global Leadership Summit 2019
Phoenix Location, Willow Creek, South Barrington, IL August 8-9, 2019

Integrating Current Evidence into Neurologic Physical Therapy Education Programs, Academy of Neurologic Physical Therapy, APTA, Combined Sections Meeting, Washington, DC
01/22-23/2019

LAMP Institute for Leadership in Physical Therapy: Leadership 101 Personal Leadership Development, Health Policy and Administration Section of APTA, HPA Catalyst, 02/20-21/2018, New Orleans, LA
APTA Combined Sections Meeting, New Orleans, LA, 2018

13th International Facial Nerve Symposium, 500+ Participants 40+ Countries, Beverly Hills, CA
08/03-06/2017

SoCal Academic Conference, Buena Park, CA, 90620, 08/17/2018

Specialty Certification Neurology Regional Item Writing Workshop, Los Angeles, CA, 08/12/2017

APTA Combined Sections Meeting, San Antonio, TX, 2017
Moving Forward from IV STEP: Application of Key Themes, Pre-Conference Course, 02/14-15/2017

APTA Combined Sections Meeting, Anaheim, CA, 2016

Banner Stroke Academy, Banner University Medical Center, Phoenix, AZ, 2016.

Pediatric Vestibular Rehabilitation: A Competency-Based Course. Co-Sponsored by Specialty Therapy Source and APTA, Jacksonville, FL, 2015

APTA Combined Sections Meeting & Pre-Conference Course, Indianapolis, IN, 2015:
Comprehensive Concussion Management: "Need to Know" Information for Physical Therapists

APTA Combined Sections Meeting, Indianapolis, IN, 2015

- Using Neuroimaging to Understand the Brain After Mild TBI, Vestibular SIG
- Pediatric Considerations for Vestibular Balance Therapy
- Falls in Parkinson Disease: Causes, Prediction, and Prevention
- On the EDGE of Possibilities: A Process to Identify Outcome Measures for Neurologic Physical Therapy Practice
- Getting to the Heart of Stroke Rehab and Mobility - Considering Cardio Cash and Compliance

Barrow Neurological Institute 8th Biennial Balance Center Symposium, Phoenix, AZ, 2014
APTA Annual Conference and Exposition, Salt Lake City, UT, 2013

Teaching Responsibilities in the Entry-Level Program for Academic Years of 1997-1998 including CAPTE Site Visit at University of Mobile Graduate School of Physical Therapy:

Term 1: Physical Therapy Science I and IV (PT 521, 621)

Term 2: Physical Therapy Science II and V (PT 522, 622)

Term 3 Movement Science III and Physical Therapy Science III (PT 503, 523)

Teaching Responsibilities in the Entry-Level Program for Academic Years of 2016-2018 including CAPTE Site Visit at West Coast University:

Term 4: PT 712 Neuromuscular Physical Therapy I (Lecture/Lab)
Term 5: PT 722 Neuromuscular Physical Therapy II (Lecture/Lab)
Term 6: PT 777E-5 Special Topics in Neurological Rehabilitation (Lecture/Lab), 2 Courses: Advanced Neurologic Rehabilitation with observation of Acoustic Neuroma Resection at House Ear Institute and BPPV Electives

Teaching Responsibilities Entry-Level Program for Academic Year 2018-2021 Franklin Pierce University

Term 2: PTH 543 Neurologic Clinical Management (Lecture/Lab)
Term 4: PTH 512 Motor Control Across the Lifespan (Lecture/Lab)
Term 5: PTH 540 Fundamentals of Neurological Rehabilitation (Lecture)
Term 7: PTH Elective (Developed, Not Provided due to COVID): Benign Paroxysmal Positional Vertigo (Lecture/Lab)